

OT/PT Program

TIP SHEET

CREATING THE SENSORY FRIENDLY CLASSROOM—ENVIRONMENT

Consider:

Classroom Space

- Big tables/Small tables
- Desks in groups/pairs
- Individual work stations
- Quiet area
- Carpet area
- Cozy reading space
- Play area with boundaries
- Open windows
- Temperature changes

Materials

- Organized, bins, accessible
- Variety of activities at centers
- Visual timers, planners
- Beanbag chairs
- Audio/visual materials

Lighting

- Natural light/lamps
- Reduce florescent lights
- Light diffuser
- Closed blinds

Noise

- Quiet work time
- Talking work time
- Background music
- White noise

Smell

- Smelly markers
- Low odor options
- Fresh air
- Natural oils vs perfumes